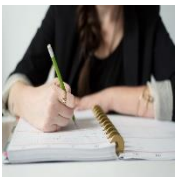




# Easy Read Rights

## What do you know about you rights?



InSyncCS wrote this information.

When you see the words 'we' or 'us', it means InSyncCS



We have written this document in an easy-to-read way.

We use pictures to explain some ideas.



This Easy Read document is a summary of another documents.

You can ask for help to read this document.



A friend, family member or support person may be able to help you.

## Why we have this policy



This Document is about Your Rights.

# LAW



Our laws need to respect the rights of people with disability.

You should be included in community life.

## You have the same rights as everyone.

### What are your rights?

You Should Be Able To:

- EXCELLENT
- GOOD
- AVERAGE

- receive good services



- make your own choices and have control over your life and the supports that you use



- be safe – no one is allowed to hurt you



- try new things and take risks sometimes



- seek support from other people –

such as your family, friends, or an advocate – if you want to



• work with other services if that's what is needed to reach your goals



• make complaints

## Our Service Should:



• respect your privacy



• let you speak up



• respect everything about you when you are making choices and decisions, including:



• your age

• whether you are a man or woman

• your cultural background, religion, or faith

• your sexuality

• whether or not you are married.

## Contact us

You can speak to our someone at our office:

490 Ebdon Street South Albury NSW 2640



You can call us on 0429112752



You can email us at [enquiries@insynccs.com.au](mailto:enquiries@insynccs.com.au)



You can visit our website @ [www.insynccs.com.au](http://www.insynccs.com.au)

## Not Happy?

You Can Tell:



NDIS Quality and Safeguards Commission

**Email:** [contactcentre@ndiscommission.gov.au](mailto:contactcentre@ndiscommission.gov.au)

**Phone:** 1800 035 544 (free call from landlines) or TTY 133 677



If you are discriminated against or bullied because of your disability you can complain to the Australian Human Rights Commission. Phone: 1300 369 711